

# Seasons Greetings from TANTalizing Trivia

by [nailsavers.com](http://nailsavers.com)

HOME OF TOESAVERS, FACESAVER  
& HAIRSAVER UV PRODUCTS



## Attention Spray Tanners!

No more unsightly stains on fingernails,  
(mistle)toenails and cuticles.  
NAILSavers™ & TOESavers



## How to Stuff a Stocking

**Sweet Stuff:** Cookies, candy, gum and fruit snacks.

**Collectibles:** Sports cards and action figures.

**Tickle the Funny Bone:** Gag gifts or funny notions that wouldn't be appropriate as a regular gift

**Usables:** Who doesn't love useful gifts? Pencils or canyons are great for the little ones. Adults and older kids will appreciate toiletries.

**Wrap it up:** If you have the time wrapping each stuffer adds a whole new element of fun to opening a stocking. If you want to catch a couple of hours of sleep allow the kids to open stocking while you snooze.

**Personal Items:** Perfume, hair accessories, tanning lotion, NAILSavers, TOESavers, HAIRSAVERS and FACESAVER are a great gift!



## Tips to Prevent Cold and Flu...achuuuu

What is the single most important thing you can do to prevent the spread of germs this cold and flu season?

**Wash your hands** — but you already knew that, didn't you? It is a message that bears repeating, especially during the cold and flu season.

### Washing your hands properly

1. Keep yourself healthier by eating well, exercising, and getting plenty of rest.
2. When you are sick, avoid public areas and crowds. If at all possible, stay home until you are no longer contagious.
3. Cover your nose and mouth when you cough or sneeze. It's best to use a tissue that you can discard — then wash your hands.
4. Avoid touching your eyes, nose, and mouth
5. Keep an antibacterial in the car, clean hands after grocery shopping or handling anything in public places. Don't let any extra go to waste, wipe it around the steering wheel to keep free of bacteria.

**There's a right way and a wrong way to wash your hands.** (From the Centers for Disease Control and Prevention)

1. Wet your hands with clean running water (warm or cold) and apply soap.
2. Rub your hands together to make a lather and scrub them well; be sure to scrub the backs of your hands, between your fingers, and under your nails.
3. Continue rubbing your hands for at least 20 seconds. Need a timer? Hum the "Jingle Bells" song from beginning to end twice.
  4. Rinse your hands well under running water.
  5. Dry your hands using a clean towel or air dry.



Merry Christmas and Happy Holidays  
From GOTCHA Covered NAILSavers



## 'Tis the Season Save the Children.

### Save the Children

For more than 90 years, Save the Children has been an independent force for change in the lives of children in need.



When you choose a gift from Save the Children's Holiday Catalog, you'll provide joy and lasting change to vulnerable children and put a smile on the face of someone you care about.

Items in this catalog are representative of current Save the Children programs and your gift is a donation to our many programs, not necessarily to a specific project. This enables us to combine your gift with those of other caring donors to provide tangible solutions that help entire communities overcome poverty and achieve self-reliance.

Please visit <http://www.savethechildren.org> CHANGE A LIFE

## Sugar & Spice

### Royal Icing

Perfect for decorating cookies, royal icing dries hard and opaque - even when cookies are stacked and packaged.

#### MAKE IT

- 1lb powered sugar
- 5 tbsp meringue powder
- ½ cup of water
- A couple drops of flavored extract



1. Combine the meringue powder and water with whisk attachment using an electric mixer.
2. Beat until peaks begin to form.
3. Soft in the powered sugar and beat on low to combine. Increase speed to high until stiff peaks form.
4. If using extract, add it then beat a few more seconds to incorporate.
5. Cover until plastic wrap touches the icing or divide and color using gel paste food colorings.

-Use this stiff icing to outline cookie designs, building gingerbread houses and writing on cakes and cookies.

-Fill outlines on cookies by adding water to colored icing until it is almost the consistency of syrup. This technique is known as flooding.

## 4 Simple Do's and Don'ts for Holiday Office Parties

**DON'T:** Skip it. If your boss has made an effort to arrange a holiday party for the office, he or she will definitely notice who didn't make an effort to show up.

**DON'T:** Get carried away. Office parties are meant to be social functions where everyone has the license to let their hair down but don't go overboard. Come tomorrow, you'll have to look your co-workers and your boss in the eye.

**DO:** Drop in for some holiday cheer, Whether you have someone waiting for you at home or even more exciting evening planned, there's nothing wrong with making an appearance. Your boss will understand that you have other things going on, but still appreciate that you took the time to attend.

**DO:** Participate: If the party is in full swing, join in for a dance, or gather around the punch bowl and share your own funny story. Being a wall flower defeats the purpose.